

Three Reasons to Schedule Your Annual Exam Now

Your primary care physician looks after your long-term health, not just your current symptoms. Seeing your doctor regularly helps:



Manage any current health conditions



Catch any new health issues before they become more serious



Potentially save healthcare costs in the long-term

Call and make your annual preventive care appointment today.

YES

DO YOU HAVE A PRIMARY CARE PHYSICIAN?



NO

Log onto your member portal at myPromiseHealthPlan.com to find an in-network physician near you.

If you have any questions, call the customer service number on your ID card.
In an emergency, always call 911.

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