

Take Charge of Your Health

Care Coordination Services Guide for Patients



Let Us Help You:

- Promote a good relationship with your medical team
- Develop a sound plan of care using evidence-based guidelines
- Overcome barriers to obtaining care
- Improve your overall health
- Prevent or reduce your risk for developing chronic conditions
- Prevent a chronic disease you may have from getting worse
- Learn more about conditions you may have
- Connect you with community resources



Care Management Program

Care Management helps you take charge of your health. The goal is to make sure you get the right care at the right time in the right place. As a result, you could see improved health at a lower cost. A nurse Care Manager helps you by providing education and guidance as needed, linking you to providers and accessing the healthcare system. A Care Manager develops a care plan with you and your provider, touching base with you regularly to discuss progress.

Condition Management Program

Condition Management is for people who have chronic conditions or are at risk for a chronic condition such as asthma, diabetes, or high blood pressure. The goal is to empower you to manage your risks and follow a healthy lifestyle, with help from a Health Coach, who helps you create an action plan with specific goals, provides you with educational materials, schedules phone calls, or meets with you virtually.

Behavioral Health Care Management Program

Behavioral Health Care Management works with patients with or at risk for chronic behavioral health conditions such as depression, anxiety, or substance abuse, supporting coordination of any needs related to your behavioral health treatment options. Our purpose is to empower you to manage your risks by finding resources, educating you on healthy activities and supporting you in your personal behavioral health goals.

Social Work Program

Social workers in healthcare help patients and their families manage the emotional and social aspects of health. The social worker will assess any needs or barriers and develop a care plan to connect you with needed resources.



To learn more about taking charge of your health, call **833-977-4762**.

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🌐 inVioHealthNetwork.org



inVio Health Network is an organization that negotiates value-based contracts with Medicare and other payors to improve the patient experience, improve quality, close gaps in healthcare, and be rewarded for reducing and improving efficiency in healthcare spending.